



Weight Status Study Exemption

Dear Parent/Guardian:

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination.

Every year a sample of New York's School Districts are selected to participate in a survey conducted by the New York State Department of Health. Liverpool Central School District is one of the districts chosen to participate in the study for the **2022-23** school year. The District will be reporting to New York State Department of Health information about our students' weight status groups in January 2024. Only summary information is sent. **No names and no information about individual students are sent.** The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

You may choose to have your child's information excluded from this survey report. If you do not wish to have your child's weight status group information included as part of the New York State Health Department's survey this year, please fill out and sign the form below and return this form to your child's school nurse no later than **December 1, 2023**.

Thank you for allowing the Liverpool Central School District to meet the State's request.

Please do not include my child's weight status information in the 2023-24 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature